

# Useful Links

## Human Rights and Modern Slavery



This guide has been developed as a resource for families who want to start a conversation with their children about human rights and/or modern slavery. It is a collection of useful links which have been separated into categories by age and type.



## Human Rights

Human rights protect our most basic needs and fundamental freedoms. They protect the most vulnerable in our communities from exploitation and ensure equality is something for everyone to enjoy. Human rights are rights that everyone, everywhere is entitled to simply because we are human.

### Video Resources

The resources below are a collection of short videos which explain what human rights are, what they mean for children and why they are important

- 'What are child rights?': a short animated video about a brother and sister exploring what rights they have as children and how these rights are protected. **Duration:** 3 minutes **Age:** primary school, 5+ years **Link:** <https://www.youtube.com/watch?v=V1BFLitBkco>
- 'Everybody – We are all born free': a short video explaining the Universal Declaration of Human Rights and what the different rights and freedoms means. **Duration:** 4 minutes **Age:** primary school, 7+ years **Link:** [https://www.youtube.com/watch?v=x9\\_lvXFEyJo&t=221s](https://www.youtube.com/watch?v=x9_lvXFEyJo&t=221s)
- 'What are child rights and why are they important?': a short animated video explaining the rights of children. **Duration:** 2 minutes **Age:** primary school, 6+ years **Link:** <https://www.youtube.com/watch?v=HCYLdtug8sk>
- 'What are Human Rights?': a short animated video explaining how human rights are protected under Australian laws. **Duration:** 5 minutes **Age:** 12+ **Link:** <https://www.youtube.com/watch?v=WJsUfck01Js>

## Written Resources

- *UN Convention on the Rights of the Child In Child Friendly Language*: a one page poster which explains the 45 rights in the UN Convention on the Rights of the Child. **Age:** 7+ **Link:** <https://sites.unicef.org/rightsite/files/uncrcchildfriendlylanguage.pdf>
- *Rights for Every Child*: is a printable 16 page illustrated book about childrens' human rights, developed by UNICEF. **Age:** 10+ **Link:** <https://sites.unicef.org/rightsite/files/rightsforeverychild.pdf>
- *Learning about human rights in the Primary School*: is a resource pack developed by Amnesty International which has 10 activities to explore human rights with children. **Age:** 5 - 11 **Link:** <https://www.amnesty.org.uk/files/2017-10/Learning%20about%20Human%20Rights%20in%20the%20Primary%20School.pdf?GOTk30AzSvuplDnJHBMK8CpUQPexi3hE=>
- Charter of Rights for parents involved with the child protection system in Queensland. **Age:** N/A – suitable for parents/guardians. **Link:** <https://www.cyjma.qld.gov.au/resources/dcsyw/supporting-families/charter-of-rights-for-parents.pdf>

## Social Media

### Instagram Pages:

Human Rights Campaign (LGBTQ+ organisation) - <https://www.instagram.com/humanrightscampaign/?hl=en>  
Australian Human Rights - <https://www.instagram.com/aushumanrights/>

## Modern Slavery

Modern slavery is one of the most serious violations of a person's human rights. It is the severe exploitation of a person for personal or commercial gain and is used as an umbrella term to describe a number of crimes, including: human trafficking, forced labour, forced marriage, debt bondage, the worse forms of child labour, sexual exploitation, servitude and slavery. Modern slavery is not always an easy thing to talk about, especially when introducing the term and what it means for the first time. Below are a number of video and written resources which can be used to introduce the topic to a child or young person for the first time, or continue a conversation.

- This resource provides tips on how to talk to children about modern slavery in different age brackets, from 3-5 year olds up to 16-18 year olds. **Link:** <https://simplehomeschool.net/modern-day-slavery/>
- Freedom United provides a collection of short video resources which describe the different types of modern slavery. **Duration:** between 2 – 3 minutes **Age:** 15+ **Link:** <https://www.freedomunited.org/freedom-university/what-is-modern-slavery/>
- Anti-slavery Australia has produced a number of animated videos which tell some of the stories of survivors of modern slavery in Australia. **Duration:** between 1 – 2 minutes **Age:** 15 + **Links:**
  - Maria's Story: <https://antislavery.org.au/marias-story-2/>
  - Lina's Story: <https://antislavery.org.au/linas-story/>
  - Jai's Story: <https://antislavery.org.au/jais-story-2/>
  - Tom's Story: <https://antislavery.org.au/toms-story/>

## Social Media

### Instagram Pages:

Stop the Traffik - <https://www.instagram.com/stophetraffik/?hl=en>  
Anti-Slavery Australia - <https://www.instagram.com/antislaveryoz/?hl=en>  
The Anti-Slavery Collective – [https://www.instagram.com/the\\_anti\\_slavery\\_collective/?hl=en](https://www.instagram.com/the_anti_slavery_collective/?hl=en)

- Please use this guide as a starting point and be guided by your child's abilities and readiness to understand the topic and information.
- We make every effort to keep the content in this guide updated and relevant. If you have any feedback (whether it's a broken link, other useful information you come across or general feedback on any information provided in this guide), we'd love to hear from you. A panel of internal specialists will review suggestions for additions of any new link/content. You can contact us at [theproperofficer@benevolent.org.au](mailto:theproperofficer@benevolent.org.au).
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