

Group Program Timetable

Term 1 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Melrose Park What's The Buzz? Teens (12-16 Years) 4:30-5:30pm*</p> <p>Social and emotional literacy program designed by Mark Le Messurier and Madhavi Mawana Parker.</p>	<p>Please stay home if you or your child are feeling unwell</p>		<p>Melrose Park What's The Buzz? Early Years (5-8 Years) 4-5pm*</p> <p>Social and emotional literacy program designed by Mark Le Messurier and Madhavi Mawana Parker.</p>	<p>Melrose Park 9:30-11:30am Little Steps Early intervention play-based program to help children get ready for Kindy! Suitable for 3-4 Years.</p>	<p>Melrose Park and Salisbury The Lab 10am-12:30pm Enjoy gaming and all things technology while making new friends. Suitable for 10-16 Years.</p>
<p>TO REGISTER: Please contact your therapist ASAP to register. Or contact us on:</p> <p> 1800 236 762</p> <p> customer-care@benevolent.org.au</p>	<p>Melrose Park & Salisbury Table Top Gaming Age: 13-25 Years 4-6pm*</p> <p>Ever wanted to play dungeons and dragons or other role play games? Participants will create a character which they will use to run through a story guided by one of our therapists.</p>		<p>Melrose Park What's The Buzz? Primary (9-11 Years) 4-5pm*</p> <p>Social and emotional literacy program designed by Mark Le Messurier and Madhavi Mawana Parker.</p>	<p>When visiting our centres, please wash your hands regularly.</p>	<p>Melrose Park Saturday Social 10:30-1:30pm*</p> <p>Develop social skills and make new friends in a supported group environment. Suitable for ages 5-10 years.</p>

*Please see following page for exact weeks programs are starting/ending

Activities & Groups



What's the Buzz—Early Learners (5-8 Years)

We're excited for **What's the Buzz? For Early Learners**. A well-regarded, highly-structured 16 lesson role-play and play-based program to explore the benefits of developing social skills and friendship. Over 16 lessons, students will be immersed in a variety of 'getting along' skills, stimulated by the experiences of a much-loved character, Archie.

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Who: Children aged 5-8 years. Groups will have a 1:4 clinician to student ratio.

Where: Melrose Park Office

When: 16 week program run over Term 1 and Term 2 of school. Term 1 will be from weeks 3-10 and Term 2 will be weeks 2-9 on Thursdays 4-5pm

How: NDIS Funding—Group rate \$86.79 per hour. 30 minute initial assessment required with therapist under therapy rate. Call to register now!

What's the Buzz—Primary Years (9-11 Years)

We're excited for **What's the Buzz? For Primary Students**. A well-regarded, highly-structured 16 lesson problem-solving program to explore the benefits of developing social and emotional literacy. Over 16 lessons, students will be immersed in a variety of scenarios to assist development in becoming a more flexible thinker and build social resilience.

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Who: Children aged 9-11 years. Groups will have a 1:4 clinician to student ratio.

Where: Melrose Park Office

When: 16 week program run over Term 1 and Term 2 of school. Term 1 will be from weeks 3-10 and Term 2 will be weeks 2-9 on Thursdays 5-6pm

How: NDIS Funding—Group rate \$86.79 per hour. 30 minute initial assessment required with therapist under therapy rate. Call to register now!

What's the Buzz—Teens (12-16 Years)

We're excited for **What's the Buzz? For Teens**. It is a well-regarded, highly-structured 10 lesson role-play, problem-solving programme to explore the benefits of developing social and emotional literacy. Over 10 lessons, teens will be immersed in a variety of scenarios to assist development of social and emotional awareness.

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Who: Teens aged 12-16 years. Groups will have a 1:4 clinician to student ratio.

Where: Melrose Park Office

When: 10week program run over Term 1 and Term 2 of school. Term 1 will be from weeks 4,5, 6, 8,9 and Term 2 will be weeks 2-6

How: NDIS Funding—Group rate \$86.79 per hour. 30 minute initial assessment required with therapist under therapy rate. Call to register now!

Activities & Groups



Little Steps (Ages 3-4 Years)

Little Steps is an early intervention program designed to teach children the vital kindergarten readiness skills they will need. This program can also help children who are attending daycare to successfully access those settings. Little Steps is a play-based program which includes structured activities that mimic a day at Kindy. During the term, if necessary, children can be supported within their Kindy/childcare to assist them or their teacher/carers to help them function successfully within the Kindy/childcare environment.

Who: Pre-Kindy aged children—approximately 3-4 years.

Where: Melrose Park Office

When: Every Friday 9:30-11:30am. Please note, you do not have to attend every session.

How: NDIS funding—Group rate \$86.79 per hour. 30-minute initial assessment required for new TBS clients with therapist under therapy rate. Call to register now!

The Lab Program (Ages 10-16 Years)

Our highly successful Lab Program is a technology club for children aged 10 to 16 years with High Functioning Autism. The program offers a safe environment where children and teenagers can meet peers and create friendships while learning valuable technical skills that complement their interests. The program is unstructured and does not have expectations around specific behavioural, education or technology outcomes. The program exists to engage those whose condition may otherwise cause them to be isolated or disengaged in social activities, in a supportive community.

Who: Children and teens aged 10-16 years.

Where: Melrose Park Office and Salisbury (22 Wilkinson Road, Para Hills)

When: Every Saturday throughout school Terms 10am-12:30pm. Please note, you do not have to attend every session.

How: NDIS funding—Social rate of \$24.70 per hour. Please email reception.sa@benevolent.org.au to register now!

Saturday Social Club (Ages 5-10 Years)

Saturday Social Club focuses on developing fundamental social skills in a fun environment that we believe are best learned among peers with qualified staff helping to deliver safe and fun learning. We enable and encourage children to work together, seek peer support/interaction, and learn how to make positive friendships—decreasing the risk of social isolation and increasing enjoyment of learning environments.

Who: Children aged 5-10 years.

Where: Melrose Park Office

When: Every week 10am-12:30pm starting—except for dates: 27/02, 27/03, 24/04. Please note, you do not have to attend every session.

How: NDIS funding—Group rate \$86.79 per hour. 30-minute initial assessment required for new TBS clients with therapist under therapy rate. Call to register now!

Activities & Groups



Table Top Gaming

Ever wanted to play dungeons and dragons or other role play games? Participants will create a character which they will use to run through a story guided by one of our therapists. Table-top gaming is run by our therapists, who will meet with each client/caregiver prior to engaging in the group to set therapeutic goals. The group setting will be individualised for each participant, assisting them in working towards their goals in a fun, social and safe setting.

Who: Ages 13-25 Years

Where: Melrose Park and Salisbury office

When: Fortnightly Tuesdays 4-6pm at each site. Melrose Park sessions will start Feb 2nd run on a fortnightly basis (16/02, 02/03, 16/03, 30/03). Salisbury sessions will start Feb 9th and run on fortnightly basis (23/02, 09/03, 23/03, 06/04)

How: NDIS funding—Group rate \$86.79 per hour. 60 minute initial assessment required for new TBS clients with therapist under therapy rate. Call to register now! Please note any allergies in referral.