

Where young carers can reach out for support

Henry, carer to his mother.







Summar, carer to her brother.



What is Carer Gateway?

Carer Gateway provides in-person, phone and online services and support to Australia's 2.65 million unpaid carers.

What services does Carer Gateway provide for carers?

-  **Coaching**
-  **Counselling**
-  **Respite care – emergency and planned**
-  **Connects you with other carers**
-  **Online skills courses**
-  **Financial support**

How do I contact Carer Gateway?

By calling **1800 422 737** Monday to Friday between 8am and 5pm, you can talk to a Carer Gateway service provider who will help you access services and support.

Carer Gateway also offers a national website at **carergateway.gov.au** where you can find online support and information.



carergateway.gov.au

Connecting carers  to support services