School Holiday Program Timetable

January 2021

See further details on next page

Monday	Tuesday	Wednesday	Thursday	Friday
Please stay home if you or your child are feeling unwell.			**7th January** Star Wars Day **Melrose Park** **10:30-1:30pm**	**8th January** PJ Day Melrose Park 10:30-1:30
11th January Sports Day **Melrose Park** **10:30-12:30pm** Sports Day **Salisbury Office** **2-4pm**	**12th January** Table-top Gaming Part 1 **Melrose Park** **10:30-1:30** Puppet Making Day **Melrose Park** **2-5pm**	**13th January** Table-top Gaming Part 2 **Melrose Park** **10:30-1:30pm**	**14th January** Painting Day **Salisbury Office** **10:30-12:30pm** Minion Day **Melrose Park** **2-5pm**	**15th January** Backyard Science **Salisbury Office** **10:30-12:30pm** Backyard Science **Melrose Park** **2-4pm**
When visiting our centres, please wash your hands regularly.	**19th January** Table top Gaming Part 3 **Melrose Park** **10:30-1:30pm**	**TO REGISTER:** Please contact your therapist ASAP to register. Or contact us on: 1800 236 762 customercare@benevolent.org.au	**21st January** Inside Out Day **Melrose Park** **10:30-1:30pm** Painting Day **Salisbury Office** **2-4pm**	**22nd January** Lego Day **Melrose Park** **10:30-1:30pm**
				When attending groups please remember to socially distance. 1.5m

Activities & Groups

Star Wars Day—Thursday 7th, Melrose Park, 10:30-1:30pm, Ages 5-10 years

A day of Exploring the world of Star Wards.. Activities will include skills within the follow areas – fine motor activities, gross motor activities, pair and group activities, individual activities, learning strategies to make and retain friends as well as learning to deal with conflict and a change in routine.

PJ Day—Friday 8th January, Melrose Park, 10:30-1:30pm, Ages 5-10 years

A day of Pillow fights and pillow case races.. Activities will include skills within the follow areas – fine motor activities, gross motor activities, pair and group activities, individual activities, learning strategies to make and retain friends as well as learning to deal with conflict and a change in routine.

Puppet Making Day— Tuesday 12th January, Melrose Park, 2-5pm, Ages 5-10 years

A day of making different types of puppets. Activities will include skills within the follow areas – fine motor activities, gross motor activities, pair and group activities, individual activities, learning strategies to make and retain friends as well as learning to deal with conflict and a change in routine.

Minion Day—Thursday 14th, Melrose Park, 2-5pm, Ages: 5-10 years

Be a minion for the day. Activities will include skills within the follow areas – fine motor activities, gross motor activities, pair and group activities, individual activities, learning strategies to make and retain friends as well as learning to deal with conflict and a change in routine.

Clients to bring a bag with a water bottle with water, lunch. Cooking may be done – please notify of any allergies.

Costs: 4 hours per group at group therapy rate. ($86.79) This is required out of Improved Daily Living funding due to being run by therapists.

If new client, initial 1:1 appointment required prior to group for goal setting.

National Office
The Benevolent Society
2E Wentworth Park Road
Globe NSW 2037

The Benevolent Society acknowledges the Traditional Owners of Country throughout Australia and recognises Aboriginal & Torres Strait Islander continuing connection to land, waters and community. We pay our respects to Elders both past and present.

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Activities & Groups

Inside Out Day—Thursday 21st, Melrose Park, 10:30-1:30pm, Ages: 5-10 years

Explore the characters of Inside Out. Activities will include skills within the follow areas – fine motor activities, gross motor activities, pair and group activities, individual activities, learning strategies to make and retain friends as well as learning to deal with conflict and a change in routine.

Lego Day—Friday 22nd, Melrose Park, 10:30-1:30pm

Use Lego to explore your inner creativity. Activities will include skills within the follow areas – fine motor activities, gross motor activities, pair and group activities, individual activities, learning strategies to make and retain friends as well as learning to deal with conflict and a change in routine.

Table-top Gaming—Part 1, 2 & 3, Melrose Park Tuesday 12th, Thursday 13th, Tuesday 19th, 10:30-1:30pm (Ages 13-18 years)

(Recommended attending all 3 sessions)

Ever wanted to play dungeons and dragons or other role play games? Participants will create a character which they will use to run through a story guided by one of our therapists. The story will change based on participants goals, but is an opportunity for teenage independent community participation. In the past participants from this group have organised to continued to play through out the year without a therapist present. All equipment needed to play will be provided.

Costs: 9 hours at group therapy rate. If new client, initial 1:1 appointment required prior to group for goal setting.

Clients to bring a bag with a water bottle with water, lunch. Cooking may be done – please notify of any allergies.
Costs: 4 hours per group at group therapy rate. ($86.79) This is required out of Improved Daily Living funding due to being run by therapists.
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Activities & Groups

Sports Day— 11th January, Melrose Park 10:30-12:30pm (ages 10-18), Salisbury Office 2-4pm (ages 6-18)

On your marks—get set for a fun day! Join us for a mini-sports day, including movement activities with a twist. Sports day run by therapists with opportunity for social and skill development in a safe, supportive environment.

Wear your favourite team colour and bring along a water bottle.

Costs: 3 hours at group therapy rate. Use of IDL funding due to being run by therapists

Painting Day— 14th January, 21st January, Salisbury Office 10:30-12:30pm (Ages 6-18)

Join us in the Salisbury office for craft and painting—art created will be going up in our office space to help make the place lighter and brighter! Arts group run by therapists, with opportunity for motor skill and social development.

Costs: 3 hours at group therapy rate. Use of IDL funding due to being run by therapists

Backyard Science— 15th January, Salisbury Office 10:30-12:30pm (ages 6-18), Melrose Park 2-4pm (Ages 10-18)

Calling all junior scientists to join us for a group full of slimy, messy and exploding fun! Group will be lead by our therapists, with an opportunity for sensory exploration, social, and skill development in a safe, supportive environment.

Costs: 3 hours at group therapy rate. Use of IDL funding due to being run by therapists

Please note: Clients to bring water bottle, and any snacks they may want. Please notify of any allergies.

If new client, initial 1:1 appointment required prior to group for goal setting.

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