

Life your Way

Daily Living Skills Program for Adults

Live life your way! This small group program will assist people who want to improve their independence with daily living skills such as cooking, shopping, managing money and daily life.

Facilitated by an Occupational Therapist who will tailor the program to the specific Improved Daily Living goals in a small group setting. Perfect for young and older adults transitioning to independent living and want to have more choice, control and independence in living life their way.



When

Commencing from July 2022

Time

Negotiable Day Program,
2 hr sessions over 8 weeks

Where

Melrose Park

Cost

\$1,616.53 total program – Improved
Daily Living or Core Supports

Bookings

For more information and bookings
call **1800 236 762** or email
customercare@benevolent.org.au

